

# 2023-2024 Workshop & Tryout Information

## Try Synchro for Free:

Location: Pettit National Ice Center - 500 S 84th Street, Milwaukee

Date: March 9th

Times: 6:00 to 6:45 pm 6:45 to 7:30 pm

## WORKSHOPS - Skaters are exposed to the tryout program/footwork

Please arrive at least 20 minutes early to allow time for taking a photo id, locker room assignments and dressing.

## **BLADES (Tentative and subject to change)**

Location: Blue Line Family Ice Center - 550 Fond du Lac Ave, Fond du Lac

Dates: March 12th and 19th (Sundays)

Times: Aspire/Preliminary 2:00 - 3:00 pm
Pre-Juvenile/Juvenile 3:15 - 4:30 pm
Open Juvenile/Intermediate/Novice 4:45 - 6:15 pm
Junior 6:30 - 8:00 pm

Dates: March 13th and 20th (Mondays) - Junior Only

Times: 7:45 - 9:15 pm

**EDGE** 

Location: Pettit National Ice Center - 500 S 84th Street, Milwaukee

Dates: March 9th and 16th (Thursdays)

Times: 6:00 - 7:30 pm

All levels - Aspire/Prelim/Pre-Juv/Open Juv

\*Workshops are not mandatory; however, coaches suggest attending at least one workshop in order to learn step sequences and other elements that will be important for the day of tryouts.

# TRYOUTS - Skaters will skate for the coaches

#### **BLADES** (Tentative and subject to change)

Location: Blue Line Family Ice Center - 550 Fond du Lac Ave, Fond du Lac

Date: March 26th

Junior 11:00 - 2:00 pm
Open Juvenile/Intermediate/Novice 2:15 - 3:45 pm
Pre-Juvenile/Juvenile 4:00 - 5:15 pm
Aspire/Preliminary 5:30 - 6:30 pm

→ Call Backs Monday, March 27th from 7:45 - 9:15 pm (coaches will contact you if needed)

#### **EDGE**

Location: Pettit National Ice Center - 500 S 84th Street, Milwaukee

Dates: March 23

Times: All levels -Aspire/Prelim/Pre-Juv/Open Juv 6:00 - 7:30 pm

→ Coaches will determine tryout levels during workshops

#### What to Wear for Workshops & Tryouts

Hair pulled back Black sweatshirt or jacket

Black exercise/running tights

For safety reasons, no dangly jewelry

Black long or short sleeve shirt

Light layers so it's easy to hold on

(avoid bulky/oversized clothing/jackets)



<u>Tryout Testing Requirements</u>: To try out for a Blades/Edge team, skaters should have passed or expect to pass the indicated tests by October 1, 2023. Skaters should attend workshops/tryouts for all levels they are age and test eligible.

<u>To Try Out For</u>

<u>Passed or Expect to Pass by October 1, 2023</u>

Junior Junior Moves in the Field Novice Novice Moves in the Field

Intermediate Intermediate Moves in the Field Juvenile Juvenile Moves in the Field

Open Juvenile Not Applicable

Preliminary Moves in the Field

Aspire Not Applicable

Please refer to "Additional Team & Tryout Information: Synchronized Skating Team Levels" for age and minimum test requirements for each team.

#### Registration and Workshop/Tryout Fee:

Link for online registration, waiver, & payment:

## All skaters must be registered online prior to the date of the first workshop for their level.

Electronic waivers are included in the online registration process and skaters will not be allowed to take the ice without completing the registration and payment. No skater, current or prospective, will be considered for team assignment without payment of the application fee shown below.

## **Blades Application Fees:**

Junior	\$90.00
Open Juvenile/Intermediate/Novice	\$75.00
Aspire/Prelim/Pre-Juv/Open Juvenile/Juvenile	\$75.00

#### **Edge Application Fees:**

All levels; Aspire/Prelim/Pre-Juv/Open Juv \$75.00

#### Conflicts:

It is in the best interest of the skaters to attend all workshops as well as tryouts. Attendance at all sessions is encouraged for new skaters, and required of returning skaters.

Skaters who are absolutely unable to attend their team tryout should contact Jenny McMahon (<a href="mailto:mcmahoni@charter.net">mcmahoni@charter.net</a> 920-979-2898) to determine alternative arrangements for tryout.

<sup>\*</sup>Skaters planning to try out for more than one team/level should pay the fee for the highest level team.

# Additional Team and Tryout Information 2023-2024 Competitions (potential schedule/tentative):

Our teams compete at several regional and national competitions. The Junior team may also compete internationally. Details of potential competitions will be in contracts.

In addition, <u>all</u> teams will perform at the Holiday Exhibition (November 25, 2023). We also will perform at the Fond du Lac FSC annual ice show (April 2024)

### Weekly fall/winter practice times for the teams (all times tentative):

Junior 7-8 hours/week Saturday mornings, Sunday afternoons, Monday nights

Intermediate/Novice 5-6 hours/week Saturday mornings, Sunday afternoons
Juvenile 3 hours/week Saturday mornings, Sunday afternoons

Open-Juv/Pre-Juv/Prelim 2 hours/week Saturday or Sunday Aspire 45 minutes/week Saturday or Sunday

Blades tentative summer practices will be Wednesday or Thursday for all teams with Junior also practicing Sunday evenings. Extra practices may be called throughout the season. Skaters should continue skating with your individual coach throughout the season.

## **Team Assignments & Contract Information:**

**Team assignments** are determined after the tryout process has been completed. Team levels formed will depend on ages, abilities and number of skaters trying out.

**Contracts** incorporate monthly or full-year payment fees which are intended to cover the majority of the expenses associated with participation. The contract price typically includes the following: coaching, ice, bus transportation for competitions (Blades only), dresses, tights, some make-up, and competition registration fees. Items not included in contract fees typically include airline travel, hotel costs, meals, team apparel and bus transportation (Edge only).

# QUESTIONS may be directed to:

BLADES: Coach Jenny McMahon 920-979-2898 mcmahonj@charter.net
Coach Heather Pagel 920-517-4629 hpskate@hotmail.com

EDGE: Coach Elena Rodrigues 612-508-6749 <u>elena.e.rodrigues@gmail.com</u>

Blades Email fdlblades@gmail.com

<sup>\*</sup> Times listed above are tentative and subject to change.



# **US Figure Skating Synchronized Skating Team Levels 4**

\*definitions below are based on the 2022-2023 synchronized skating season.

**Aspire:** A team of 5-20 skaters. Skaters must be 13 years and younger (Snowplow Sam Synchro), 16 years or younger (Aspire beginner) or 17 years and younger (Aspire pre-preliminary and Aspire preliminary). No skaters may have passed higher than a preliminary test, depending on level.

**Preliminary:** A team of 8-20 skaters. All skaters must be 13 years and younger. All skaters must have passed the pre-preliminary moves in the field test.

**Pre-Juvenile:** A team of 8-20 skaters. All skaters must be 17 years and younger. All skaters must have passed the pre-preliminary moves in the field test.

**Open Juvenile:** A team of 8-20 skaters. All skaters must be 19 years and younger. No test requirements.

**Juvenile:** A team of 12-20 skaters. All skaters must be 13 years and younger. All skaters must have passed the juvenile moves in the field test.

**Intermediate:** A team of 12-20 skaters. All skaters must be 19 years and younger. All skaters must have passed the intermediate moves in the field test.

**Novice:** A team of 12-20 skaters. All skaters must be 19 years and younger. All skaters must have passed the novice moves in the field test.

**Junior:** A team of 12-16 skaters. All skaters must be between 13 years and 19 years. All skaters must have passed junior moves in the field test.

**Senior:** A team of 16 skaters. All skaters must be at least 15 years old. All skaters must have passed senior moves in the field test.

<sup>\*</sup>All ages are as of July 1st, 2023.

<sup>\*\*</sup>Minimum test requirements must be completed no later than October 1st, 2023.